

## **Draft questions to be included in the public consultation for the draft 2015-2020 Suicide Prevention Strategy**

Once finalised these questions and the appropriate answer options will be formatted into a web based survey to make it as easy to complete as possible. Other formats will be available for non-computer users.

### Review of the 2010-2015 strategy

The review of the 2010-2015 strategy (on page 11 and 12 of the draft strategy) highlighted a number of positive developments over the last five years.

**Q1a** Are you aware of any other developments (not highlighted in the review of the 2010-2015 strategy) which should be recognised here?

**Q1b** The review of the 2010-2015 strategy highlighted that improvements can be made in the following areas:

- i. Developing new systems for monitoring and improving the reporting of suicide coverage in the media
- ii. Implementing the results of evidence reviews around suicide and older people and suicide and debt
- iii. Examining the relationship between self-harm and suicide

Do you agree that improvements can be made in the areas mentioned above?

**Q1c** What specific actions can be taken in relation to any of the above areas?

**Q1d** Are there any other areas where you believe improvements can be made?

### Priorities for the new strategy

The Suicide Prevention Steering Group believes that it is appropriate to adopt the national priorities below as the priorities for the Kent and Medway Suicide Prevention Strategy.

- i. Reduce the risk of suicide in key high-risk groups
- ii. Tailor approaches to improve mental health and wellbeing in Kent and Medway
- iii. Reduce access to the means of suicide
- iv. Provide better information and support to those bereaved or affected by suicide
- v. Support the media in delivering sensitive approaches to suicide and suicidal behaviour
- vi. Support research, data collection and monitoring

**Q2a** Do you agree that we should adopt the national priorities as stated above?

### Reducing the risk of suicide in key high risk groups

The Kent and Medway Suicide Prevention Steering Group has identified the following key high risk groups:

- Those in contact with mental health services
- Those who have self harmed
- Offenders
- Middle aged and older men

- High risk occupation groups

**Q3a** Are these the appropriate high-risk groups you would like to prioritise in the Kent and Medway Suicide Prevention Strategy?

Tailor approaches to improve mental health and wellbeing in Kent and Medway

As well as including wellbeing interventions aimed at the whole population, the Kent and Medway Suicide Prevention Steering Group has identified the groups which may need additional support to improve their mental health and wellbeing.

- Socially excluded and deprived groups
- BME communities
- Domestic abuse victims and survivors
- Women during and after pregnancy
- Young people leaving care
- Children and young people
- Students
- Older people (especially those who have recently lost long term partners)
- People who misuse drugs and alcohol
- Veterans
- LGBT
- People experiencing financial crisis
- People experiencing relationship difficulties
- Offenders/ex-offenders

**Q4a** Are these the groups that you would like to see identified in the new strategy?

Reduce access to the means of suicide

**Q5** How can we reduce suicides in Kent and Medway by controlling access to the means of suicide?

Provide better information & support to those bereaved or affected by suicide

**Q6** What is the best way of providing information and support to those bereaved or affected by suicide?

Equality Impact Assessment

**Q7** We have completed an Equality Impact Assessment (EqIA) to see if this service change could affect anyone unfairly. We welcome your views on the assumptions we have made and the conclusions we have drawn.